

(UNDER UKA RULES)

SATURDAY 31th July 2021 AT OAKENGATES LEISURE CENTRE

<u>Senior Men/Masters Men over 35</u>	100m,200m,400m,800m,1500m,110mH,400MH, High Jump, Long Jump, Triple Jump, Pole Vault,Shot, Discus, Hammer, Javelin , 4 x 100m Relay
<u>Junior Men:</u>	As for Senior Men and Vets
<u>Under 17 Men:</u>	As for Junior and Senior Men, but 100mH
<u>Under 15 Boys:</u>	100m, 200m, 300, 1500m, 80mH, High Jump, Long Jump, Triple Jump, Pole Vault, Discus, Hammer, Shot, 4 x 100m relay
<u>Under 13 Boys:</u>	100m, 200m,1500m, 75mH, High jump, Long Jump, Shot, Discus, 4 x 100m Relay
<u>Senior/Masters Women over 35</u>	100m,200m,400m,800m,1500m,100mH,400mH, High Jump, Long Jump, Triple Jump, Pole Vault, Shot, Discus, Hammer, Javelin, 4 x 100m Relay
<u>Junior Women:</u>	As for Senior Women and vets
<u>Under 17 Women:</u>	100m,200m,300m,800m,1500m,80mH,300mH, High Jump, Long Jump, Triple Jump, Pole Vault, Shot, Discus, Hammer, Javelin, 4 x 100m Relay
<u>Under 15 Girls:</u>	100m,200m,300,1500m,75mH, High Jump, Long Jump, Shot, Discus, Hammer, Javelin, 4 x 100m Relay
<u>Under 13 Girls</u>	As for Under 15 Girls, except 70mH, No Hammer or 300mtrs
<u>U11 boy and Girls</u>	60 m, 150m, 600m , Long Jump, Howler

Thursday 5th Aug 2021 AT OAKENGATES LEISURE CENTRE

Masters/Sen, Jun under 17 Men and Under 15 Boys } Master/Senior /Junior and Under 17 Women U15 girls }	3000 mtr
Under 13 / Under 15 Boys and Girls	800 mtr

Athletes aged Under 13's (600 and 1 mile)and under 15's (600 and 3000 mtrs)are not permitted to compete in more then one event between the above distances on the same day. UKA Rule T3 (141) (1V) & (2 iv)

AGE GROUPS

Ages as at midnight 31 August/1 September 2021, except for Junior Men and Junior Women, who must be 17 and over at these dates, but under 20 on 31 December 2021

ENTRY FEES

Under 11, 13 and under 15 Boys and Girls	£4.00per event
Under 17's	£5.00 per event
Juniors/Senior/Masters	£6.00 per event
Relay Teams	£12.00 per team

Please note - relay teams to be entered by clubs/schools, individual entries will not be accepted

ALL ENTRIES CLOSE ON Saturday 17th July 2021

NO LATE ENTRIES WILL BE ACCEPTED

NO ENTRIES ACCEPTED WITHOUT FEE

NO BULK ENTRIES

ALL ENTRIES ARE NON REFUNDABLE

ENTRY CRITERIA BIRTH / 9 month RESIDENCE / or in RESIDENTIAL EDUCATION IN SHROPSHIRE UKA Rule G2 (21) S4 1 & S6(x)

Entries to: Mr R. S. Eastman
23 Bridge Rd, Alveley, Bridgnorth WV15 6JN

Entries will not be acknowledged but see below re timetable

Under 11's, 13's,15's, and 17s may only compete in 3 individual events on one day. Junior Men and Junior Women may only compete in 5 individual events on one day Athletes can compete in only one age group on the day

In all events except the high jump and pole vault, all U13 and under 15 competitors are allowed 3 trials. In all other age groups, the competitors will be allowed 4 trials.

TIMETABLE

Please note that the enclosed timetable is provisional . If you require a copy of the final timetable, please enclose a stamped addressed envelope with the entry form.